

amaze me

Amaze

amaze yourself

Spring
2006

get your spring on

exploring the
goddess

**Inspiring
Relationships**

**Coffee...
the perks!**

'No Fea' This Bathing Suit Season!

KISS KISS!

here comes the
plus-size bride

Are you a
Renaissance Soul?

**smooth curves
ahead**

**'Girlie'
Lunch**

If you can't say it...*spray it*. A bunch of fun new products are on the market if you want to get your *spritz* on this season.

Pearl Mist

Pearl is considered an "Anti-Wrinkle Moisturizing Mist," and can take the place of heavy face creams when the weather gets warm. Use it as a primer under makeup, or for touch-ups during the day. It was created by a Hollywood makeup artist who knows a little something about setting makeup in the sun - she worked with the cast of *Baywatch*, among other credits.

Whether or not Pearl gets rid of wrinkles, well...your face will appear smoother, and that's a start. Its top ingredient is water, so either way moisture is good. / **\$39.99 at www.dermafresh.com**



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Model in a Bottle

Model in Bottle is a setting spray - that means it goes on after you apply your makeup. Think of it as...hair spray for your face. *No, no, don't think of it like that at all!* It's not sticky or tacky and it has a lovely, gentle garden scent. It will feel a little strange the first few times you use it...but then it's no problem.

(And while it does not contain SPF, it won't reduce the sun protectant effects of your makeup. You do have SPF in your makeup, don't you?)

Please remember to TEST THESE THINGS OUT before you spray them all over your face. You never know what your skin will react to...and all we need is you on that sunset cocktail date with a face blown up like a blowfish. / **\$18.00 at www.modelinabottle.com**

King of Shaves Shave & Smoothing Shaving Spritz

The oncoming spring means you're gonna get to show off your gams - but you might want to give them a good shave first. The popular British line King of Shaves has now created the Queen of Shaves - or at least a new product called King of Shaves Woman. Their Shave & Smooth Shaving Spritz is a genius idea - instead of drying soap or goopy foam, you spritz on this moisturizing solution, massage it into your skin, and crack out the razor.



While it's best to use in the shower or bath when your skin is already nice and soft, you can even spritz it on the run to avoid that "Oops, missed a spot!" look. / **\$5.99 at www.drugstore.com, www.shave.com/usa, or your local Rite Aid**

Aveda's Caribbean Therapy Flower Water

I once went to a spa where we were freely encouraged to spray our faces with a combo spritz of water and rose water oil. It was so refreshing, and it smelled so light and so good. Aveda's Caribbean Therapy Flower Water does the same thing - hydrate, moisturize face and scalp, and freshen mood. Let me remind you - you don't drink it, you spray it. It has natural ingredients like Caribbean sea salt and glycerin from coconuts. The scent I tried was fresh and floral. This is the perfect item to stick in your carry-on for plane-related spritzing. / **\$25 at Aveda salons, spas, stores or www.aveda.com**



Sonya Dakar Aromasol Mist

There are three phases of skin care in every beauty junkie's life: the teen years, when you kick off with Clearasil and Oxy10 (back in my day, it was Phisoderm - remember that gross sponge?), then you start playing with products from the department store in your 20s...and when you hit your 30s, you get serious about skin. That's when you buy Sonya Dakar products. Her Aromasol Mist is a spray-on toner that helps repair damaged skin and balances normal skin. It comes in several "flavors" including Acne, Scarring, Irritation, and Discoloration.



I tried the Maintenance formula, and found it to be refreshing in its scent and its feel on my face. And it's chock full of natural ingredients, like Dead Sea Minerals and Geranium and Rosewood extracts...so say it AND spray it. / **\$25 at www.sonyadakar.com or 1-877-72-SONYA**